

# Your GP practice now has more healthcare professionals that can help you

Depending on your needs, you may be able to get help from someone other than your family doctor.

This leaflet tells you about the different roles and how they can help you.



**Social Prescribing link workers** can connect you with local community activities and services that can help improve your health and wellbeing.



**Care Coordinators** can work with you if you need extra support with using the health and care system, connecting you to the right services or professionals at the right time.



**Dietitians** can work with you to diagnose and treat diet and nutritional problems. Dietitians can support with changes needed to support long term conditions such as diabetes.



A **Health and Wellbeing Coach** will help you to work out what matters to you and come up with some goals to help improve your physical and mental health.



**Paramedics** help to assess and treat certain health conditions and carry out home visits. They can also arrange tests and analyse results



**Clinical Pharmacists** can support anyone taking medicines to manage their health condition and make sure the medicines are working. Many of them can also prescribe medicines.



**Pharmacy Technicians** support Clinical Pharmacists by updating medication records and can offer you advice on how to use and get the most out of your medicines.



**Physician Associates** can diagnose and treat a wide range of health conditions, including caring for people with long term conditions. They can also arrange tests and analyse results.



**Physiotherapists** can help you if you have muscular and joint conditions. They can assess, diagnose and advise you on how to manage your condition.



**Podiatrists** can help diagnose and treat conditions you may have with your feet and lower limbs. They can help if you have a long term condition that affects your feet.



**Mental Health Practitioners** can provide advice and support to help with mental health conditions. They can help you if you are dealing with stress, anxiety and depression.

Each practice will have different professionals depending the needs of their patients so please contact your GP practice for more information.