

North East London Fertility Policy main changes

Below is a summary of the main changes that have been included in the new [north east London fertility policy](#), which has replaced the five different fertility policies that were in place in north east London. The new policy applies to all people trying to get pregnant who are registered with a GP in north east London.

Fertility treatment	New north east London policy	NICE guidance	Old policies
<p>In vitro fertilisation (IVF)</p>	<ul style="list-style-type: none"> • Increased access to up to three full IVF cycles for eligible people aged under 40. • Increased access to one full IVF cycle for eligible people aged 40 and 41 in Barking and Dagenham, Havering and Redbridge (BHR). • Increased access to one full IVF cycle for eligible people aged 42 across all of the north east London boroughs. <p>Note: One full cycle of IVF includes an episode of ovarian stimulation and</p>	<p>The provision in the new policy is the same as National Institute for Health and Care Excellence (NICE) clinical guidance.</p>	<p>Eligible people aged under 40 were entitled to:</p> <ul style="list-style-type: none"> • One embryo transfer procedure for people in BHR. • Up to three embryo transfer procedures for people in other areas of north east London. <p>Eligible people aged 40 and over were entitled to:</p> <ul style="list-style-type: none"> • Was not funded for people in BHR. • One fresh plus one frozen embryo transfer procedure for people in other areas of north east London aged 40 and 41.

	the transfer of any resultant suitable fresh and frozen embryos into the womb – this is usually one or two embryos at a time.		
Intrauterine insemination (IUI)	<p>Increased the funding for IUI for eligible people:</p> <ul style="list-style-type: none"> • Trying to get pregnant using donor insemination who have fertility problems. • With some conditions and social, cultural or religious objections to IVF. • With a physical disability or psychosexual problem. • With a condition that means they need IUI as part of their fertility treatment. 	The provision in the new policy is the same as NICE clinical guidance .	IUI was funded if someone has a physical disability or psychosexual problem, or if they have a condition that means they need IUI as part of their fertility treatment.
Fertility preservation	<p>Increased the amount of time the NHS will fund storage of eggs, sperm and embryos for people with conditions or who need a treatment that can cause infertility in cases of fertility preservation to:</p> <ul style="list-style-type: none"> • Up to their 43rd birthday for people aged under 32. • Up to 10 years storage for people aged 32 and over. 	The storage time in the new policy is longer than NICE recommends in some cases.	<ul style="list-style-type: none"> • Storage was funded for the first 10 years in Tower Hamlets. • Storage was funded for the first five years in other areas of north east London.