



**SWIM**  
ENTERPRISES

## **PRIMARY CARE NETWORKS MICRO GRANTS FUNDING**

**01 January 2022 - 30 June 2022**

Support When It Matters (SWIM) is a Hackney based, African, Caribbean and Dual Heritage (AC&DH)-led and run social enterprise offering support to people to maintain their wellbeing in the community.

### **What is our aim?**

Our aim is to work with African, Caribbean and Dual Heritage (AC&DH) citizens who are registered at GP practices in four Primary Care Networks (PCN) in City and Hackney and experiencing complex needs.

Patients can be referred from the following PCNs:


- Clissold Park
- Hackney Downs
- Springfield Park
- Woodberry Wetlands

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## SUPPORT PROVIDED

### Patients experiencing complex needs will receive:

- Support/Interventions
- Intensive culturally informed psychosocial interventions for AD&DH patients
- Support with family issues
- Personality disorders – intensive support
- Assertive outreach in non-clinical community setting
- Signpost AC&DH patients to other culturally informed services
- Induct AC&DH citizens experiencing dual diagnosis challenges into SWIM's psychosocial service
- Inform AC&DH families and friends about mental health support for loved ones

**Neighbourhood teams will receive:** Offer of 8 x 90 minutes online Mental Health Cultural Competence work information awareness sessions for multidisciplinary neighbourhood teams.

## WHO CAN MAKE A REFERRAL?

### Health professionals

- Clinical directors
- GPs
- Health Care professionals
- Nurses
- Self-referrals

If you would like more information and request a referral form, please contact:  
Angeline Clarke Co-Ordinator - Support  
When It Matters (SWIM)

**Email:** [angeline.c@swimenterprises.com](mailto:angeline.c@swimenterprises.com)

**Tel:** 07862 071008

**[www.swimenterprises.com](http://www.swimenterprises.com)**

