

## Redbridge Place based Partnership Board and Sub-Committee

Thursday 19 October 2023, 1230 – 1300 by MS Teams

Chair: Adrian Loades, Place Partnership Lead and Anil Mehta, Clinical Care Director for Redbridge

	Item	Time	Lead	Attached / verbal	Action required						
Red	Redbridge Place Based Partnership Sub Committee business in public										
1.	<ul> <li>Welcome, introductions and apologies:</li> <li>Declaration of conflicts of interest</li> <li>Minutes of the meeting held on 21 September 2023</li> <li>Action log</li> </ul>	1230 (5 mins)	Chair	Verbal Paper Pages 2-7	Discuss Approve Update						
2.	Questions from the public	1235 (5 mins)	Chair	Verbal	Discuss						
3.	Place Delivery Plan update for approval:  • 2023/24 Winter Plan	1240 (20 mins)	Carla Morgan Pete McDonnell	Paper Pages 8- 20	Note						



- Declared Interests as at 10/10/2023

Name	Position/Relationship with ICB	Committees	Declared Interest	Name of the organisation/business	Nature of interest	Valid From	Valid To	Action taken to mitigate risk
			Financial Interest	Fullwell Cross Medical Centre	GP Partner	2013-01-01		Declarations to be made at the beginning of meetings
			Financial Interest	Metropolitan Police	Forensic Medical Examiner	2015-01-01		Declarations to be made at the beginning of meetings
			Financial Interest	NHSE	GP Appraiser	2015-01-01		Declarations to be made at the beginning of meetings
			Financial Interest	Healthbridge Direct	Shareholder	2014-01-01		Declarations to be made at the beginning of meetings
			Financial Interest	Fouress Enterprise Ltd	Director	2015-01-01		Declarations to be made at the beginning of meetings
		Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Prescon	Ad-hoc screening work	2018-01-01		Declarations to be made at the beginning of meetings
Anil Mehta	Redbridge Clinical Chair		Indirect Interest	The Cleaning Company	Sister-in-law is owner	2013-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	London Healthwise Ltd (non- trading)	Director	2009-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	GMC	Associate	2019-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	NEL CCG	Registered as a patient at a GP practice in NEL.	2000-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	Redbridge Health and Wellbeing Board	Vice Chair	2013-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	Anglia Ruskin University Medical School	Lecturer	2019-01-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	QMUL	GP Tutor	2021-01-01		Declarations to be made at the beginning of meetings
Brid Johnson	Member of sub-committee (representative of NELFT)	Barking & Dagenham ICB Sub- committee Barking & Dagenham Partnership Board Havering ICB Sub-committee Havering Partnership Board Redbridge ICB Sub-committee Redbridge Partnership Board Waltham Forest Health and Care Partnership Board	Indirect Interest	Mid and South Essex ICB	My Partner is a Non-Executive Director at MSE ICB	2022-08-25		

								NHC
		Waltham Forest ICB Sub- committee						
Chetan Vyas	Director of Quality	Barking & Dagenham ICB Sub- committee Barking & Dagenham Partnership Board City & Hackney ICB Sub- committee City & Hackney Partnership Board Havering ICB Sub-committee Havering Partnership Board ICB Quality, Safety & Improvement Committee Newham Health and Care Partnership Newham ICB Sub-committee Redbridge ICB Sub-committee Redbridge ICB Sub-committee Redbridge Partnership Board Tower Hamlets ICB Sub- committee Tower Hamlets Together Board Waltham Forest Health and Care Partnership Board Waltham Forest ICB Sub- committee	Indirect Interest	North East London CCG	Spouse is an employee of the CCG	2014-04-01	North	Declarations to be made at the beginning of meetings
			Indirect Interest	Some GP practices across NEL	Family members are registered patients - all practices not known nor are their registration dates	2014-04-01		Declarations to be made at the beginning of meetings
			Indirect Interest	Redbridge Gujarati Welfare Association - registered charity in London Borough of Redbridge	Family member is a Committee member.	2014-04-01		Declarations to be made at the beginning of meetings
Jenny Ellis	Member of Redbridge Partnership Board	ICP Committee Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Redbridge Council for Voluntary Service (RedbridgeCVS)	RedbridgeCVS is a provider of social prescribing, community engagement and infrastructure support for the voluntary and community sector.	2020-01-19		
			Financial Interest	Odd Eyes Theatre Company	Trustee of a North East London-based charity that specialises in community empowerment and social	2018-05-24		

and social includion through theatre.

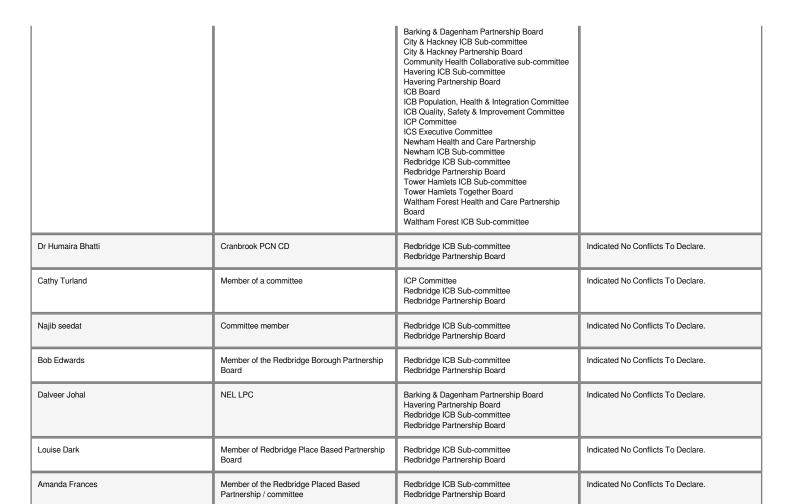
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Julia Summers	Head of Finance	Barking & Dagenham ICB Sub- committee Barking & Dagenham Partnership Board Havering ICB Sub-committee Havering Partnership Board Redbridge ICB Sub-committee Redbridge Partnership Board	Indirect Interest	Camden and Islington Mental Heath Trust	Husband is a director of the Trust.	2016-02-08	North	ast London
Mark Santos	Redbridge Cllr & Cabinet Member Adult Services & Public Health	ICP Committee Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Positive East	I am the Executive Director of the HIV Charity Positive East. Positive East receives statutory income via NEL Local Authorities & NHS via London HIV Fast Track Cities & via ICB supporting opt out HIV testing in Emergency Departments	2022-04-01		Declarations to be made at the beginning of meetings
			Indirect Interest	Bart's Health	My sister is a Finance Manager at Barts Health	2022-04-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	North East London Foundation Trust (NELFT)	I am an LA Governor for NELFT	2023-08-02		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	Redbridge Rainbow Community	Trustee Redbridge Rainbow Community previously received funding from Redbridge Council	2023-07-02		Declarations to be made at the beginning of meetings
Natalie Keefe	Head of Primary Care Transformation, BHR ICP	Redbridge ICB Sub-committee Redbridge Partnership Board	Indirect Interest	NELFT	Sister works in PALS department	2022-09-05		Declarations to be made at the beginning of meetings
Sangeetha Pazhanisami	GP; PCN Clinical Director	Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Clayhall Group Practice	GP Partner	2014-01-01		Declarations to be made at the beginning of meetings
			Financial Interest	Healthbridge Direct	Shareholder			Declarations to be made at the beginning of meetings
			Financial Interest	NHS England	GP Appraiser			Declarations to be made at the beginning of meetings
Sarah See	Managing Director of Primary Care	ICS Executive Committee Primary Care Collaborative sub- committee Primary care contracts sub- committee	Indirect Interest	NELFT; CAMHS Havering	Husband is an employee	1998-01-01		Declarations to be made at the beginning of meetings

		Redbridge ICB Sub-committee Redbridge Partnership Board					Novels I	NHS
			Non-Financial Personal Interest	GP - Waltham Forest	Registered with a GP practice in Waltham Forest; members of the practice team works with the NHS NEL, LW LMC and NHSE/I	2001-01-01	North I	Declarations to be made at the beginning of meetings
			Indirect Interest	Old Church Surgery (Chingford)	Niece works for GP practice	2022-06-05		Declarations to be made at the beginning of meetings
Simon Clarke	Primary Care Delivery Manager	Redbridge ICB Sub-committee Redbridge Partnership Board	Non-Financial Personal Interest	Avon Road Surgery	I am a patient at this GP practice which is a member of NEL CCG	2012-02-14	2021-12-23	
Sivashanmugarajan Ramakrishnan	not applicable	Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Clayhall Group Practice and Wanstead & Woodford PCN	GP partner and PCN member	2022-10-20		Declarations to be made at the beginning of meetings
			Financial Interest	Healthbridge Direct	Federation co- chair	2016-04-01		Declarations to be made at the beginning of meetings
			Indirect Interest	Global A2 Partners Itd	Director - provide locum services	2021-12-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	PELC	non executive director	2021-06-15		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	Redbridge LMC	member	2021-09-10		Declarations to be made at the beginning of meetings
Tayvanie Nagendran	Member of LBR Partnership Board	Redbridge ICB Sub-committee Redbridge Partnership Board	Indirect Interest	Care Providers' Voice	Care Providers' Voice is funded by local authorities (including LBR), training hubs and HEE Anchor funding. I am the Co-Chair and LBR Care Provider Lead.	2022-03-01		
			Indirect Interest	Cambridge Nursing Home	Cambridge Nursing Home host authority is LBR. Placing authority for some of our residents is LBR.	2003-09-01		
			Indirect Interest	Age UK Redbridge, Barking & Dagenham, Havering	Trustee	2020-09-01		
Tracy Rubery	Borough Director, Redbridge	Redbridge ICB Sub-committee Redbridge Partnership Board	Indirect Interest	NEL CCG	Husband is CEO of PELC, who	2022-05-02		Declarations to be made at the beginning of meetings

								NHS
					provider urgent care and out of hours services within BHR		North I	NHS ast London
			Non-Financial Personal Interest	Fulwell Cross Medical Centre	Registered as a patient with Fulwell Cross Medical Centre	2018-04-01		
jyoti sood	clinical lead	Barking & Dagenham Partnership Board Havering Partnership Board Redbridge ICB Sub-committee Redbridge Partnership Board	Financial Interest	Newbury Park health center and Newcross PCN	GP partner PCN member	2003-04-01		Declarations to be made at the beginning of meetings
			Financial Interest	NEL Training HUB and BHR Training Hub clinical lead	Clinical lead for NEL TH that are delivering on various workstreams commissioned by HEE and ICS	2020-12-07		Declarations to be made at the beginning of meetings
			Indirect Interest	soods limited	Locum company and deals with property	2000-07-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	AD, HEE	Director of training n BHR area	2018-02-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	GP assessor BAD	assessor for GP with special interest portfolio	0021-04-01		Declarations to be made at the beginning of meetings
			Non-Financial Professional Interest	CQC inspector	inspection of practices	2021-12-23		Declarations to be made at the beginning of meetings

#### - Nil Interests Declared as of 10/10/2023

Name	Position/Relationship with ICB	Committees	Declared Interest
Diane McKerracher	Interim CEO	Redbridge ICB Sub-committee Redbridge Partnership Board	Indicated No Conflicts To Declare.
Selina Douglas	Executive Director of Partnerships	Barking & Dagenham ICB Sub-committee Barking & Dagenham Partnership Board Community Health Collaborative sub-committee Havering ICB Sub-committee Havering Partnership Board Mental Health, Learning Disability & Autism Collaborative sub-committee Redbridge ICB Sub-committee Redbridge Partnership Board Waltham Forest Health and Care Partnership Board Waltham Forest ICB Sub-committee	Indicated No Conflicts To Declare.
Charlotte Pomery	Chief Participation and Place Officer	Barking & Dagenham ICB Sub-committee	Indicated No Conflicts To Declare.







## Redbridge Place based Partnership Board 19 October 2023

Title of report	2023/24 Redbridge Place Winter Plan
Author	Carla Morgan - Head of Unplanned Care
Presented by	Carla Morgan - Head of Unplanned Care
Contact for further information	Carla Morgan - Head of Unplanned Care,
Executive summary	This paper summarises the winter plan for Redbridge Place and highlights the key developments for this winter in order to:  • Keep people well in the community and avoid the need for hospital care • Provide same day access & prevent avoidable conveyances and admissions for our residents that see them on the same day and where possible provide care in the community • Improve hospital flow to ensure that patients have a reduced stay in hospital with a clinically safe discharge • Discharge services that support patients to return to their own home as soon as possible in order to minimise risk to health and deconditioning and maximise their recovery and function.  The winter plan will be a live document and will be updated as new schemes are identified.
Action / recommendation	The Board/Committee is asked to: note the content of the report
Previous reporting	The Redbridge Place Winter Plan was initially developed at the Redbridge Place based Partnership Development Session in July. It has also been discussed at:  BHR Places UEC Improvement Board  NEL UEC Programme Board
Next steps/ onward reporting	The Winter Plan will be taken to the BHR Places UEC Improvement Board and we will monitor deliver through both the Partnership Board and the Improvement Board.  Fortnightly Winter Planning sessions have been established to develop and track each Redbridge initiative.  The plan will be further developed to include all of the schemes planned for this winter, with linkages to the primary

	care, mental health and children and young peoples winter planning, and it will be a live document and updated as new schemes are identified.  It will also be monitored through the:  BHR places UEC Improvement Board
Conflicts of interest	NEL UEC Programme Board  There are no known conflicts of interest arising from this report.
Strategic fit	<ul> <li>Which of the ICS aims does this report align with?</li> <li>To improve outcomes in population health and healthcare</li> <li>To tackle inequalities in outcomes, experience and access</li> </ul>
Impact on local people, health inequalities and sustainability	To enhance productivity and value for money  An equalities impact assessment has not been undertaken, but this plan aims to improve health outcomes for all residents both in order to avoid or minimise the need for urgent care or to help them to recover quickly from any hospital admission.
Impact on finance, performance and quality	The cost of the developments in this paper are met through a range of financial allocations both to health and social care. The plan gives us the opportunity to ensure join up and greatest impact for our population from the investment.
Risks	The risk for some schemes will be recruitment for key specialties and staff groups.  Funding, including for baseline services, is also challenged and could pose a significant risk during winter.



Keeping People Well at Home/Winter Plan

V1.1 Updated 21/09/23





## Redbridge winter plan development

- The winter plan is based on previous BHR system winter planning.
- The Redbridge Place Based Partnership development session in July was used to develop the Redbridge winter plan
- The winter plan is structured into the following improvement themes:
  - Keeping people well
  - Same day access & avoidable conveyances/admissions
  - Hospital flow
  - Discharge
- Next steps
  - Fortnightly Winter Planning sessions are in place to develop and track each Redbridge initiative
  - Primary care, mental health, CYP etc. to be incorporated
  - Development of metrics to measure success
  - Tier 1 improvement programme is anticipated to identify further key initiates for the winter plan

### Keeping People Well at Home/Winter Plan

Redbridge borough partnership are developing the Redbridge place winter plan through a fortnightly partnership forum.

Theme	Suggested Overall Lead	Actions
Falls	Pete Pete Ian Diley (Public Health?)  Gladys (Public Health)	<ul> <li>Focus on PCN areas with high fall rates: refine EMIS search criteria to identify falls risk using nice guidance. Explore use of Health &amp; Wellbeing coaches to engage with pts within Seven Kings PCN</li> <li>Understand why people who don't take up the offer of Falls Prevention services and tackle that</li> <li>Revisit work to identify locations that are falls hotspots and whether we then investigate see if street repairs or changes need to happen to reduce risks.</li> <li>Look at potential for utilising tech to support e.g. fall risk etc (dependent on outcome of falls tech grant bid)</li> <li>Falls leaflet - refresher comms</li> <li>CH and Dom care support via care provider voice</li> <li>Scope use of community pharmacy to support polypharmacy reviews</li> <li>CTT and IRS to consider referral to the falls service on discharge from caseloads.</li> </ul>
Preventative actions	Ian Diley and Natalie Keefe Pete McDonnell/Sanjiv Lukchea/Vanna Pete McDonnell Pete McDonnell	<ul> <li>Flu, covid booster and pneumococcal vaccine uptake. RPBP supported use of community champions to improve uptake.</li> <li>Interim Catheter Nurse: hosted by CTT. Targeting the rise in cases presenting to ED. Redbridge starts in Oct, rollout to BHR in December. Referral pathways to be expanded to discharge/Urology teams.</li> <li>Proactive care at PCN level - need to get social care link and housing involved</li> <li>Dementia task group met to map the dementia pathways, services and understand the gaps.</li> <li>Exploring Admiral Nurses for Redbridge</li> </ul>
Communications/awar eness	Harpreet Jutle Natalie Keefe Carla Morgan Gladys Xavier Jeremy Kidd  Tracy Rubery Harpreet Jutle, James Bachman and Natalie Keefe	<ul> <li>Leaflets and Poster:         <ul> <li>Who is primary care and where do I get help? - Developed as part of winter comm's.</li> <li>Common illnesses/issues (posters from WX/RLH) Need to source RLH poster</li> <li>Winter wellness leaflet – Anthony to test with Dom care providers suitability for Redbridge</li> </ul> </li> <li>Adverse weather planning – to prevent excess deaths wherever possible         <ul> <li>"Get you better" app purchased by NEL for MSK problems e.g. back pain etc. need to promote via GP surgeries</li> </ul> </li> <li>Electronic Service Directory – following up with NEL (meeting scheduled for w/c 25/09/23)</li> <li>GP Practice registration for targeted cohorts</li> <li>Care provider voice – share details of directory being considered</li> </ul>

## Keeping People Well at Home/Winter Plan

Theme	Suggested Overall Lead	Actions
Support care in the community	Tracy Rubery Tracy Rubery Mary Pirie/Fiona Regan	<ul> <li>Appointment of a Pathway Lead for Social Care Provision (1 session/week) – Completed</li> <li>Intensive MDT approach – Initial T&amp;FG meeting scheduled</li> <li>Enhanced Homecare (W&amp;W PCN) pilot</li> <li>Development of virtual ward model for Frailty and Respiratory</li> </ul>
Discharge processes	Pete McDonnell/Carla Morgan Pete McDonnell/Carla Morgan Pete McDonnell/Carla Morgan Nicky (Summers)	<ul> <li>Ward enablement project</li> <li>How do we give the same support to reablement and stroke rehab services to get people discharged from IP rehab and Stroke? There is a regular call, but is that enough? We also need to look at trying to do the same thing for MH.</li> <li>Lunch and learn – session around discharge processes and what happens post hospital</li> </ul>
Access	Sabine (PELC) and ?Anil Natalie Keefe Natalie Keefe/Anil Mehta	<ul> <li>UTC redirection pilot (KGH to NCA PCN)</li> <li>Same day primary care access (GP Access Hubs)</li> <li>Primary Care Online Access</li> </ul>

## Keeping people well – Redbridge

#### Core / existing services

- Primary Care inc. ARRS roles
- Community Pharmacy
- GP Care Home support
- Falls Prevention including:
  - Age UK
  - NELFT Community Falls Team
  - Care Home Team
- High Intensity Users (HIU)

#### New this year

- Catheter service (hotline and clinic)
- Proactive care
- CYP Hospital at Home
- Additional Falls prevention classes

- MDTs
- ICM
- Community Hubs
- Vol sector
- Well-being
- Locality Co-Ordinator (LAC)
- Care Navigator (Age UK)
- Additional Admiral Nurses (Dementia)
- Additional Care Navigator post

#### Winter 23/24 proposal

- Catheter service (hotline and clinic)
- CYP Hospital at Home
- Request for:
  - enhanced D2A funding for Mental Health
  - Additional MH staffing in HTT request and PLT

- Existing Services?
- New Ideas?

# Same day access & avoidable conveyances/admissions - KGH

#### Core / existing services

Beech Frailty Unit

#### New this year

- SDEC
- Virtual wards
- Mental Health pilot diversion in RAFTing
- MH pathway pilot use of Reach for minor alcohol/substance cases

#### Winter 23/24 proposal

- SW in ED
- CTT and Red Cross Support
- Request for
  - site based substance misuse worker
  - Mental Health Social Worker

- Existing
  Services?
- New Ideas?

# Same day access & avoidable conveyances/admissions - WX

#### Core / existing services

SDEC

#### New this year

- Purpose built SDEC unit
- SAU
- Virtual ward to support frailty admission avoidance
- Mental Health OOO crisis support pilot
- MH pathway pilot use of Reach for minor alcohol/substance cases

#### Winter 23/24 proposal

MH request for a site based
 Mental Health Social Worker

- Existing Services?
- New Ideas?

## Hospital Flow - KGH

### Core / existing services

- IDH operations and function
- Beech ward frailty

#### New this year

- SDEC open and operating 24/7
- Virtual wards frailty, respiratory and CYP
- Enhanced function discharge lounge

#### Winter 23/24 proposal

List here

- Existing
  Services?
- New Ideas?

## Hospital Flow - WX

#### Core / existing services

List here

#### New this year

- Virtual wards frailty, respiratory and CYP
- Discharge lounge on-going improvement with satellite pharmacy support
- Digital solution to white board and CDT processes to allow re time
- D2A focussed work
- Clinical QI engagement piece re board round best practice

#### Winter 23/24 proposal

• List here

- Existing Services?
- New Ideas?

## Discharge - Redbridge

#### Core / existing services

- IDH operations and function
- IRS
- IPR beds: baselines
- Stroke rehab beds: Marigold/Daisy
- D2A NA
- Reablement
- D2A nursing 4 weeks
- D2A with therapy 6 weeks
- Home First
- Homeless hospital discharge coordinators (funded to March 2024)

#### New this year

- Discharge lounges on both BHRUT sites; Queen's capacity increased to 65 places per week
- Ward Enablement Pilot (WX and KGH)

#### Winter 23/24 proposal

- Additional rehab beds for winter
- Intensive Rehabilitation Service expansion
- Key safe stock held by BHRUT
- Home First transport
- Key safe fitting/ furniture moves
   Extension of ED social workers
- Red Cross discharge support
- Ward Enablement Pilots

#### Gaps?

Homeless
hospital
discharge
coordinators
only funded to
March 2024

## Glossary

ED	Emergency Department	1
LAS	London Ambulance Service	
UTC	Urgent Treatment Centre	
Cat 2	LAS call category for serious conditions	
ARRS social prescr pharmacists		
MDT	Multi-Disciplinary Team meetings	
ICM	Integrated Case Management	
HTT	Home Treatment Team	
D2A	Discharge to assess	
MH	Mental Health	
PLT/S	Psychiatric Liaison Team/Service	
PCN	Primary Care Network	

LAC	Local Area Co-Ordinator
UCR	Urgent Care Response
ARI	Acute Respiratory Infection
HALO Officer	Hospital Ambulance Liaison
RAFT	Rapid Assessment for Treatment
REACH	Remote Emergency Access Coordination Hub
CTT	Community Treatment Team
	(also called UCR)
UCR BHR)	Urgent Care Response (CTT for
SAU	Surgical Assessment Unit
ООН	Out of Hours
MHJRC	Mental Health Joint Response Car
CDU	Clinical Decision Unit

ABPoS	Health Based Place of Safety
NEL	North East London
UEC	Urgent & Emergency Care
LOS	Length of Stay
SDEC	Same Day Emergency Care
EDD	Estimated Discharge Date
CYP	Children and Young People
FOPAL	Frail Older People Assessment and Liaison
IDH	Integrated Discharge Hub
CDT	Complex Discharge Team
IPR	Inpatient Rehab
IRS	Intensive Rehab Service
IV	Intravenous
ECIST	Emergency Care Intensive Support Team